2025 Australian Championships, Perth

A very successful Australian Championships saw 20 of our athletes competing in Perth. That represents one third of our entire club membership numbers. Once again Alexia Mathison was one of our outstanding performers. After setting an Australian Championship record only months earlier in the 200m hurdles at the Australian All Schools, she proved her dominance in this event winning the Gold by over 10 metres. This was backed up with a Silver in the 90m hurdles; an event she only picked up in the new year. Phillip Botonis continues to be recognised as one of this Nation's up and coming stars with double Bronze medals in the 800m and 1500m events. Liam Hayes was rewarded for his very strict and impressive training regime leading up to the Nationals. Coaches Shane Castlereagh and Hayden Kovacic have done an impressive job in preparing Liam for his brilliant result. On the last day of competition his 4 jumps ascension was 6.70, 6.88, 7.02, 7.08 with the 2nd, 3rd and 4th attempts all being P.B's one after the other for a well deserved Bronze medal. Kunal Menon, fresh from his NSW U20 title, was almost invincible in the 110m hurdles with a P.B. in the heat and a slightly wind assisted P.B. in the final. He finished 0.07 from Silver and 0.24 from the Gold. The most unexpected, but still well deserved, medallist was Brodie Harkness with Bronze in the U16 Heptathlon. Scoring 5 P.B.'s he was in 6th place overall leading into the final event 1500m, and his brilliant run saw him snatch the medal. Making up the total 10 medal haul also included Darcy Coote (Bronze 4x100m), Ruby Kernaghan (Silver 4x400m) and Zaynab Darwiche (Bronze 4x400m) **Full results:**

Phillip Botonis U15 800m heat 1st 2:04.89, Final **Bronze** 2.02.11, 1500m **Bronze** 4:21.03

Michael Mathison U15 3000m walk 5th 16:15.78

Victor Ogbonna U14 90m hurdles heat 13.41 (1.0), Final 9th 13.72 (1.5) **Darcy Coote** U16 100m heat 2nd 11.15(2.1), Final 4th 11.23 (1.9), 4x100m relay **Bronze** 44.47

Beau Sinclair U16 100m hurdles heat 3^{rd} 14.01 (-2.0), Final 9^{th} 13.89 (-2.1), 200m hurdles heat 3^{rd} 26.41 (0.9), Final 6^{th} 25.95 (1.3)

Alexia Mathison U15 90m hurdles heat 1st 13.19 (-1.2), Final **Silver** 13.5 (-2.7), 200m hurdles heat 1st 29.30 (-1.8), Final **Gold** 27.68 (2.7)

Brodie Harkness U16 100m hurdles heat 7th 15.53 (-2.0), 200m hurdles heat 8th 29.05 (-0.1), U16 Heptathlon 100m hurdles 15.66 (-2.1), HJ 1.56, SP 9.67, 200 25.51 (-0.3), LJ 5.25 (-0.7), JT 26.64, 1500 4.41.72, **Bronze** 3589

Liam Hayes U18 100m heat 11.02 (2.3), 200m heat 3rd 23.14 (-5.9), semi 22.04 (-2.0), Final 9th 22.40 (-1.6), Long jump **Bronze** 7.08 (1.4)

Akeem Kabba U16 100m hurdles heat 6th 14.98 (-2.1)

Ruby Tindall U14 Shot put 8th 10.52, Discus 9th 28.39, Hammer 10th 24.90

Ruby Kernaghan U16 200m heat 7th 25.69 (1.5), 400m heat 2nd 57.71, Final Bronze 56.83

Zaynab Darwiche U18 200m 7th 27.05 (-4.1), 400m heat 5th 57.77, 4x400m relay **Bronze** 3.51.29. **Gemma Roberts** U17 400m hurdles 7th 1.12.30



Sienna Latanis U18 Heptathlon 100m hurdles 4th 16.80 (-1.3), HJ 6th 1.36, SP 2nd 13.64, 200m 5th 28.39 (-2.9), LJ 13th 4.41 (2.4), JT 5th 36.36, 6th 6th 2.34.23, overall 7th 4104, 400m hurdles heat 4th 1.07.34, Final 9th 1:09.00, Shot Put 5th 13.57.

Amelia Darek U17 Pole Vault 4th 2.95, Hammer Throw 12th 38.42

Isabella Muc 200m Steeple Chase 8th 7:41.96

Ciara Cassilles 5000m walk 7th 17:10.67

Rashid Kabba Open 100m heat 7th 10.73 (1.0), 200m prelim 21.61(2.2), semi 6th 21.53 (0.6)

Ciara Cassilles U20 10000m walk 8^{th} 1:00:07.71

Kunal Menon U20 110m hurdles heat 1st 14.17 (1.0), Final Bronze 13.84 (2.6)

